

Free

# 2025

## Amateur Radio Special Events & Information Guide

### PUGET SOUND (AND SURROUNDING AREA)



## K7LED

146.82 MHz & 224.12 MHz  
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# NETS IN THE PUGET SOUND REGION

Day	Time	Freq	Rptr Call	Name / Group / Description	
Daily	0700	441.825	KE7GFZ	KBARA-hosted NW Regional/International Net	
	0747	146.960	WW7PSR	Puget Sound Boaters Net	
	0830	3.865	(HF SSB)	NW Maritime Boaters Net	
	0900	146.860	W7AVM	Island Co. ARC (also 147.22) (except SUN, at 1930)	
	0900	146.960	WW7PSR	PSRG Nine O'Clock Net (also at 2100)	
	1100	145.490	K7LWH	Lake Wash. Ham Club (also 53.17, 224.36, 441.075)	
	1200	28.350	(HF SSB)	Edmonds Woodway ARC 10 Meter Noon Get-together	
	1200	146.960	WW7PSR	Puget Sound Repeater Group (PSRG) Noon Net	
	1930	146.820	K7LED	Mike & Key Social Net (except WED: Technical Net)	
	2100	146.960	WW7PSR	PSRG Nine O'Clock Net (also at 0900)	
	SUN	1800	28.345	(HF SSB)	Puget Sound Area Ten Meter Net
		1845	224.160	W7ECG	Whatcom Emergency Communication Group
1900		147.240	K7SYE	Auburn Area Emergency Communications Team	
1900		441.875	WC7T	Cascade Radio Club	
1900		440.250	N7ERP	Eastside Fire & Rescue ARC (except major holidays)	
1900		145.390	W7EOC	Grays Harbor Co. Aux. Emerg. Comm. (& BeachNet rpters.)	
1900		146.720	N7SK	Mason County Amateur Radio Club	
1900		224.120	K7LED	Mike & Key ARC 220 Informal Net	
1900		442.000	NE7MC	Northshore Emerg. Mgmt. Coalition (temporarily 443.725)	
1900		147.180	WA7LAW	Snohomish County Hams Club	
1900		442.825	W7ECG	Whatcom Emergency Communication Group	
1915		145.470	K7CPR	District 3 ARES	
1915		TG 31538	(DMR)	Whatcom Emergency Comm. Group DMR Net	
1930		147.040	WA7FW	Federal Way Amateur Radio Club	
1930		146.860	W7AVM	Island County ARC (also 147.22)	
1930		145.490	K7LWH	Kirkland Emergency Comm. Team (KECT) (also 441.075)	
1930		145.430	KD7WDG	Kitsap County Emergency Communications Net	
1930		TG 31771	(DMR)	PNW Digital ARES & EMCOMM DMR Weekly Net Check	
1930		443.325	N9VW	Redmond ARES Team	
1945		28.410	(HF SSB)	Island County ARC HF Net	
2000		145.390	W7EOC	Coastal YL Net (& BeachNet repeaters)	
2000		147.080	WW7STR	King County ARES/RACES	
2000		28.375	(HF SSB)	Radio Club of Tacoma 10-Meter SSB Social Net	
MON		0730	28.385	(HF CW)	Stanwood-Camano 10 Meter CW Net (also WED)
		0800	28.385	(HF SSB)	Stanwood-Camano 10 Meter SSB Net (also WED)

# NETS IN THE PUGET SOUND REGION

Day	Time	Freq	Rptr Call	Name / Group / Description	
MON	1800	441.775	W7PSE	North Bend ARES Team (& linked W7PSE repeaters)	
	1830	444.075	KC7Z	Kitsap County ARC 70 cm Analog Net	
	1830	14.232	(HF SSB)	North Bend ARES Team HF Net (+/- 2 kHz for QRM)	
	1830	441.800	W7AW	West Seattle ARC (also 145.130 & 53.290)	
	1845	147.320	N7RHE	Communications Support Team for Puget Sound Fire	
	1900	TG 311429	(DMR)	Kitsap County ARC 70 cm DMR Net	
	1900	146.960	WW7PSR	Seattle Auxiliary Comm. Service (ACS) (also 52.87)	
	1900	28.350	(HF CW)	Stanwood-Camano Slow Speed CW Net (also WED)	
	1915	21.049	(HF CW)	Tacoma Area Net relaxed-pace social net (or 28.055)	
	1930	145.170	NM7E	North Mason Amateur Radio Emergency Service Club	
	1930	146.960	WW7PSR	Puget Sound Repeater Group (PSRG) (also 52.87)	
	1930	442.825	W7AUX	Shoreline ACS (City of Shoreline)	
	1930	440.200	K7YLM	Yelm Amateur Radio Group	
	2000	(rotates)		Puget Sound Digital Hams Net (see <a href="http://www.psdhn.org">www.psdhn.org</a> )	
	2000	147.570	(simplex)	Stanwood-Camano ARES Net	
	2000	28.420	(HF SSB)	West Seattle ARC 10-Meter Gathering	
	2010	147.360	W7PIG	Stanwood-Camano Amateur Radio Club Net	
	2030	144.150	(VHF SSB)	Stanwood-Camano 2 Meter SSB Net (time approx.)	
	TUE	0930	146.860	W7AVM	Island County ARES (also 147.22, 441.425)
		1000	145.190	N7GDE	Region 1 EmComm Net (then QSY 444.5, 53.09, 223.86)
1230		441.775	W7PSE	PSE ARES (also 441.7, 441.75 & other W7PSE rpters)	
1815		224.180	W7EAT	Pierce County ARES 220 Net	
1900		443.725	WA7DEM	Edmonds Woodway Amateur Radio Club	
1900		147.160	W7ZA	Grays Harbor Amateur Radio Club	
1900		146.620	KC7Z	Greater Kingston Radio Club	
1900		146.660	NC7G	Highline Amateur Radio Club	
1900		145.490	K7LWH	Lake Wash. Ham Club (also 53.17, 224.36, 441.075)	
1900		147.340	K6RFK	LDS ERC Net - Everett Area & South	
1900		28.450	(HF SSB)	Mason County ARC	
1900		145.370	W7AAO	Pierce County ARES District Net	
1900		3.930	(HF SSB)	PNW NVIS Net (and 7.225; alt 3.970, 7.235)	
1900		441.400	NT7H	Thurston County ARES (also 147.36 & 224.46)	
1930		444.475	W7NPC	Bainbridge Amateur Hour Net (Bainbridge Island ARC)	
1930		147.260	KF7NPL	Maple Valley ARES	
1930		441.400	NT7H	Olympia Amateur Radio Society (also 147.36 & 224.46)	
1930		147.280	W7DK	Radio Club of Tacoma	
1930		444.125	W7SKY	Sky Valley Amateur Radio Club (also 145.65)	

# NETS IN THE PUGET SOUND REGION

Day	Time	Freq	Rptr Call	Name / Group / Description
TUE	2000	147.260	KF7NPL	Maple Valley Amateur Radio Club (146.54 simplex after)
	2000	146.920	WA7DEM	Snohomish County ACS/ARES
WED	0730	28.385	(HF CW)	Stanwood-Camano 10 Meter CW Net (also MON)
	0800	28.385	(HF SSB)	Stanwood-Camano 10 Meter SSB Net (also MON)
	0900	145.150	W7JCR	Jefferson County Emergency Management Net
	0930	440.725	AA7MI	Marrowstone Island Emergency Prep. Net
	1900	443.925	W7FLY	Boeing Employees Am. Radio Operators North (BEARONS)
	1900	444.525	N7KGJ	Issaquah Citizen Corps (except 1st WED)
	1900	146.620	KC7Z	Kitsap County ARC 2 Meter Net
	1900	145.490	K7LWH	Lake Wash. HC DIY/Repair Net (& 53.17, 224.36, 441.075)
	1900	TG 31771	(DMR)	PNW Digital Gathering
	1900	3.900	(HF SSB)	San Juan County Amateur Radio Society (+/- if QRM)
	1900	145.190	N7GDE	Skagit County ARES
	1900	444.575	WA7LAW	Snohomish County Hams Club (C4FM Digital Fusion)
	1900	28.350	(HF CW)	Stanwood-Camano Slow Speed CW Net (also MON)
	1945	28.330	(HF SSB)	Kitsap County ARC 10 Meter Net
	THU	2000	146.700	N7JN
2000		144.150	(VHF SSB)	Stanwood-Camano 2 Meter SSB Net
2000		147.080	WW7STR	Western WA Amateur TV Society (also SAT)
1700		3.5565	(HF CW)	NAQCC PNW QRS Net (1700 PST; 1900 PDT)
1830		147.600	(simplex)	Bainbridge Island ARC (BARC) Simplex Net
1830		146.580	(simplex)	Bellevue Comm. Supp. (2nd THU) (then QSY to K7BEL)
1830		146.820	K7LED	Mike & Key ARC Member & Visitor Check-in Net
1900		147.340	K6RFK	Bothell Emergency Radio Communications
1900		147.160	W7MIR	Mercer Island Radio Operators (2nd Thursday only)
1900		443.600	K7FDF	Renton Emergency Comm. Service (except 1st THU)
FRI	1900	441.825	KE7GFZ	Snoqualmie Valley ARC (except 1st THU)
	1930	147.340	NM7R	Pacific County ARES Net (& BeachNet rpters.)
	1930	443.550	WW7MST	WWA Med. Svcs. (& 146.9, 444.825, 443.675, 440.550)
	2000	441.100	K7BEL	Bellevue Communications Support (except 2nd THU)
	2000	28.430	(HF SSB)	Chief Seattle Chapter of Ten-Ten International
	1900	145.490	K7LWH	Lake Wash. Round Robin Net (& 53.17, 224.36, 441.075)
	SAT	0900	3.985	(HF SSB)
1000		5.3305	(HF SSB)	Washington EOC-to-EOC Net (60 Meters, Ch. 1)
1900		146.760	W7FEL	Clallam County ARC
2000		146.550	(simplex)	Double Nickel Net (Seattle area)
2000		147.080	WW7STR	Western WA Amateur TV Society (also WED)

# SELECTED PUGET SOUND REPEATERS

Output	Input	Tone	Call Sign	Location [Group]
29.680	29.580	110.9	W7RNB	Lookout Mtn [5 County EmComm Group]
52.870	51.170	103.5	WW7PSR	Seattle [Puget Sound Repeater Group]
53.010	51.310	100.0	K7NP	University Place [Univ. Place Repeater Group]
53.170	51.470	100.0	K7LWH	Kirkland [Lake Washington Ham Club]
53.290	51.590	100.0	W7AW	West Seattle [West Seattle ARC]
53.430	51.730	100.0	W7NPC	Bainbridge Island [Bainbridge Island ARC]
145.150	144.550	103.5	W7PSE	Olympia [Puget Sound Energy ARG]
145.150	144.550	114.8	W7JCR	Port Townsend [Jefferson County ARC]
145.170	144.570	103.5	NM7E	Belfair [N. Mason ARES]
145.190	144.590	127.3	N7GDE	Lyman Hill, Skagit Co. [RASC]
145.330	144.730	179.9	K7NWS	Tiger Mountain West [Boeing Employees ARS]
145.370	144.770	136.5	W7AAO	Grass Mtn. [Pierce County DEM]
145.390	144.790	118.8	W7EOC	Cosmopolis [BeachNet Repeater System]
145.430	144.830	88.5	KD7WDG	Silverdale [Kitsap Co. ARS]
145.470	144.870	100.0	K7CPR	Capitol Peak (Olympia) [Capitol Peak Rptr Group]
145.490	144.890	103.5	K7LWH	Kirkland [Lake Washington Ham Club]
146.620	146.020	103.5	KC7Z	Gold Mtn [Kitsap County ARC]
146.660	146.060	103.5	NC7G	SeaTac [Highline Amateur Radio Club]
146.700	146.100	131.8	N7JN	San Juan Island [San Juan County ARS]
146.720	146.120	103.5	N7SK	Shelton [Mason County ARC]
146.760	146.160	100.0	W7FEL	Port Angeles [Clallam County ARC]
146.820	146.220	103.5	K7LED	Tiger Mountain East [Mike & Key ARC]
146.840	146.240	DSTAR	WA7FW	Federal Way [Federal Way ARC]
146.860	146.260	127.3	W7AVM	Coupeville [Island County ARC]
146.900	146.300	103.5	WW7MST	Seattle [WWA Medical Services Team]
146.920	146.320	123.0	WA7DEM	Granite Falls [Snohomish County ACS]
146.960	146.360	103.5	WW7PSR	Seattle [Puget Sound Repeater Group]
147.040	147.640	103.5	WA7FW	Federal Way [Federal Way ARC]
147.080	147.680	110.9	WW7STR	Tiger Mtn East [Sea-Tac Repeater Association]
147.160	147.760	88.5	W7ZA	Aberdeen [Grays Harbor ARC]
147.160	147.760	146.2	W7MIR	Mercer Island [Mercer Island Radio Operators]
147.180	147.780	103.5	WA7LAW	Everett [Snohomish County Hams Club]
147.220	147.820	127.3	W7AVM	Clinton [Island County ARC]
147.240	147.840	123.0	K7SYE	Auburn [Auburn Valley Rptr Group]
147.260	147.860	114.8	N7DEM	Longview [Cowlitz County ACS]
147.260	147.860	103.5	KF7NPL	Maple Valley [Maple Valley Emerg Rptr Assoc]
147.280	147.880	103.5	W7DK	Tacoma [Radio Club of Tacoma]
147.320	147.920	103.5	N7RHE	Kent [Comm. Support Team for Puget Sound Fire]
147.340	147.940	82.5	NM7R	South Bend [BeachNet Repeater System]
147.340	147.940	100.0	K6RFX	Woodinville
147.360	147.960	127.3	W7PIG	Camano Island [Stanwood-Camano ARC]
147.360	147.960	103.5	NT7H	Olympia [Olympia ARS]
224.120	222.520	103.5	K7LED	Tiger Mountain East [Mike & Key ARC]
224.160	222.560	156.7	W7ECG	Lookout Mtn [Whatcom ECG]
224.180	222.580	103.5	W7EAT	Graham [District 5 ARES]
224.360	222.760	103.5	K7LWH	Kirkland [Lake Washington Ham Club]
224.420	222.820	88.5	WA6PMX	Bainbridge Island
224.460	222.860	103.5	NT7H	Crawford Mtn [Olympia ARS]
224.480	222.880	103.5	N7JN	Mt Constitution [San Juan County ARS]
224.680	223.080	103.5	WW7MST	Seattle [WWA Medical Services Team]
224.760	223.160	103.5	WB7DOB	Baldi Mtn

# SELECTED PUGET SOUND REPEATERS

Output	Input	Tone	Call Sign	Location [Group]
440.150	445.150	103.5	W7MIR	Mercer Island [Mercer Island Radio Operators]
440.200	445.200	100.0	K7YLM	Yelm
440.250	445.250	123.0	N7ERP	Cougar Mountain
440.450	445.450	103.5	WA6PMX	Bainbridge Island
440.725	445.725	114.8	AA7MI	Nordland [Marrowstone Island ARC]
440.775	445.775	DMR	WW7PSR	Seattle [Puget Sound Repeater Group]
440.950	445.950	110.9	K7DK	Buck Mountain
441.075	446.075	103.5	K7LWH	Kirkland [Lake Washington Ham Club]
441.100	446.100	156.7	K7BEL	Bellevue [Bellevue Comm. Support]
441.400	446.400	103.5	NT7H	Crawford Mountain [Olympia ARS]
441.425	446.425	110.9	N7KN	Greenbank, Whidbey Island
441.550	446.550	103.5	WW7STR	Cougar Mtn [SeaTac Repeater Association]
441.700	446.700	103.5	W7PSE	Baldi Mtn [Puget Sound Energy ARG]
441.725	446.725	103.5	W7PSE	Anacortes [Puget Sound Energy ARG]
441.750	446.750	103.5	W7PSE	Green Mtn [Puget Sound Energy ARG]
441.775	446.775	103.5	W7PSE	Rattlesnake Mtn [Puget Sound Energy ARG]
441.800	446.800	141.3	W7AW	West Seattle [West Seattle ARC]
441.825	446.825	103.5	KE7GFZ	Cougar Mtn
441.875	446.875	103.5	WC7T	Haystack Mtn (Sultan)
442.000	447.000	141.3	NE7MC	Kenmore [Northshore Emerg. Mgmt. Coalition]
442.425	447.425	103.5	W7PSE	Port Townsend [Puget Sound Energy ARG]
442.825	447.825	156.7	W7ECG	Ferndale [Whatcom Emergency Comm. Group]
442.825	447.825	103.5	W7AUX	Shoreline [Shoreline ACS]
442.950	447.950	103.5	WA7FW	Federal Way [Federal Way ARC]
443.100	448.100	103.5	WA7ST	SeaTac [Highline ARC]
443.250	448.250	103.5	KE7GFZ	Duvall [Snoqualmie Valley ARC]
443.325	448.325	103.5	N9VW	Cougar Mountain, Bellevue
443.450	448.450	131.8	N7JN	San Juan Island [San Juan County ARS]
443.500	448.500	103.5	W7VMI	Vashon Island [Vashon-Maury Island RC]
443.550	448.550	103.5	WW7MST	Seattle [WWA Medical Services Team]
443.600	448.600	103.5	K7FDF	Renton [Renton Emergency Comm. Service]
443.725	448.725	103.5	WA7DEM	Mountlake Terrace [Snohomish County ACS]
443.925	448.925	100.0	W7FLY	Lynnwood [BEARONS]
444.050	449.050	103.5	K7SKW	Mt Constitution [Mt Baker ARC]
444.075	449.075	103.5	KC7Z	Bremerton [Kitsap County ARC]
444.125	449.125	103.5	W7SKY	Sultan [Sky Valley ARC]
444.250	449.250	103.5	W7PSE	Electron [Puget Sound Energy ARG]
444.350	449.350	100.0	K7OET	Cultus Mountain, Skagit County
444.375	449.375	88.5	AJ7JA	Seattle [Seattle Int'l. Japanese ARC]
444.475	449.475	103.5	W7NPC	Bainbridge Island [Bainbridge Island ARC]
444.500	449.500	103.5	WA7ZUS	Lyman Mtn
444.525	449.525	103.5	N7KGJ	Squak Mtn ["Fire Repeater"]
444.550	449.550	141.3	W7ACS	Columbia Center, Seattle
444.575	449.575	103.5	WA7LAW	Everett [Snohomish County Hams Club]
444.900	449.900	131.8	K6MBY	Sequim
444.950	449.950	118.8	N7UJK	Capitol Peak [BeachNet Repeater System]
927.4875	902.4875	114.8	N6MN	Blaine
927.6375	902.6375	114.8	W7AUX	Shoreline [Shoreline ACS]
1251.650	1251.650		NR7SS	Everett [Snohomish County ACS]
1290.100	1270.100		WA7FW	Federal Way [Federal Way ARC]
1292.200	1272.200	103.5	KB7CNN	Tiger Mountain East

Date/Time	City	Exam Location
2nd Tuesday 7pm	Tacoma	1249 S Washington St
2nd Sat 10am, odd # months	Bellingham	South Whatcom Fire Stn #21, 4518 Cable St
2nd Saturday 11am	Shelton	Mason Co. DEM, 100 W Public Works Drive
2nd Saturday 11:30am	Redmond	23966 NE 69th Place
3rd Mon 7pm, odd # months	Stanwood	Cedarhome Baptist, 29000 68th Ave NW
3rd Tues 6:30pm, even # months	Anacortes	Fire Station, 1016 13th St at Commercial
3rd Wednesday 5pm	Olympia	Tugboat Annie's, 2100 West Bay Drive NW
3rd Thursday 6:30pm (exc. Dec)	Everett	Snohomish Co. DEM, 720 80th St SW
3rd Sat 12:30pm	Kent	Kent Senior Center, 600 E Smith St
3rd Sat 2pm, even # months	Centralia	Mtn. View Baptist Church, 1201 Belmont Ave
4th Sat 9am, odd # months	Poulsbo	Poulsbo Fire #71, 911 NE Liberty Rd
4th Sat 10:30am (except Dec)	Snohomish	First Presbyterian, 1306 Lake View Ave
Various (multiple times monthly)	Online/Zoom	List at: <a href="http://hamstudy.org/sessions/AE7TD/remote">hamstudy.org/sessions/AE7TD/remote</a>

**NOTE: Most exam sessions currently require advance reservation.  
Please make contact well ahead of scheduled session.**

For up-to-date information on license classes and exam opportunities, please see the Mike & Key web site.  
[www.mikeandkey.org/vsessions.php](http://www.mikeandkey.org/vsessions.php)

## \*\*\*\* ATTENTION \*\*\*\*

# Ham Radio Clubs & Entrepreneurs - Your Ad Could Be Here!

Are you looking for a place to advertise your club or business? A place where people will see and respond to your ad, where people will associate you in a positive way with things they love to do, and where you'll be visible for the greatest length of time for the least possible cost?

For over 20 years, the Mike & Key Amateur Radio Club has published its annual ***Amateur Radio Events and Information Guide***. This free publication starts distribution in March of each year. Now it is also distributed online via PDF download. You can be a part of it.

To be included in next years publication please contact the Mike & Key Public Service Committee. Or e-mail [info@mikeandkey.org](mailto:info@mikeandkey.org)





2025 Public Service Events						
Date	Event Name	Location	Contact	Call	Phone	Email
Feb28 - Mar2	Special Olympics WA Winter Games	Wenatchee & Chelan County	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
	Olympus Road Rally	SW Washington	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
Apr 27	Walk MS - Seattle	Gasworks Park, Seattle	Dan	KC7UVK	360-631-2613	danggood55@gmail.com
Apr 27	Whidbey Island Marathon	Oak Harbor	Bob	K7MHJ	425-577-0661	K7MHJ@w7avm.org
May 3	ADA Tour de Cure Ride	Bothell Landing & Eastside	Mike	K7MHL	206-605-7769	mlaposa@msn.com
May 3	Walk MS - Everett	Port of Everett	Dan	KC7UVK	360-631-2613	danggood55@gmail.com
May 16-18	Oregon Trail Road Rally	Portland - Columbia Gorge	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
May 18	Capital City Marathon	Olympia	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
May 31	Flying Wheels Century Ride	Marymoor Park, Redmond	Alan	KD7KUS	425-681-6754	jones83alan@gmail.com
Jun 8	Big Backyard 5K Run	Marymoor Park, Redmond	Alan	KD7KUS	425-681-6754	jones83alan@gmail.com
Jun 20-22	Special Olympics WA Spring Games	Parkland & Federal Way	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Jun 21	Seattle Marathon Summer Event	Seward Park, Seattle	Franz	N3HFS	717-379-0892	n3hfs@yahoo.com
Jun 28-29 "CQ Field Day" EVERYWHERE						
Jul 4	Bellevue Family 4th	Downtown Park, Bellevue	David	WA7DY	425-445-2792	wa7dy@arrl.net
Jul 4	Seafair Summer Fourth	Gas Works Park & Lake Union	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Jul 12	Rotary Auction, Woodward School	Bainbridge Island	Dana	KC7SDD	206-842-9076	Dana@thesalesgroup.com
Jul 18-19	Cascade Crest 100 Trail Race	Easton	Bob	A17CS	303-264-9566	ai7cs@protonmail.com
Jul 20	Seafair Triathlon	Seward Park	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Jul 26	Fat Salmon Swim	Madison Park, Lk. Washington	Franz	N3HFS	717-379-0892	n3hfs@yahoo.com

Jul 26	Gravel Unravel Why-Not-Chee Bk. Ride	Wynoochee Lake, Olympic Pen.	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
Jul 26	Seafair Torchlight Parade (EMGWA)	Downtown Seattle	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Jul 26	Seafair Torchlight Parade (Marshals)	Seattle Waterfront	Gene	N7QLT		hamsignup@seafairparademarshals.org
Jul 31	RAMROD Bike Ride	Enumclaw - Mt. Rainier	Matt	AE7MK	509-860-8233	matthew@kozmafamilly.net
Aug 1-3	Seafair Weekend Festival	Genesee Park, Seattle	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Aug 2	Lake Tye Triathlon	Monroe	Erik	K7QOG	206-979-7847	erik.robins@gmail.com
Aug 8-12	Bigfoot 200 & 40M/20M Trail Runs	Mt. St. Helens - Randle	Robert	KD7WNV	206-799-8244	kd7wnv@arri.net
Aug 9	Obliteride (Fred Hutch bike ride)	Seattle & mid-Puget Sound	Korryn		509-531-2835	oblivolunteer@fredhutch.org
Aug 16	Tour de Whidbey	Coupeville	Dave	W7DAF	425-418-9700	W7DAF@w7avm.org
Aug 23-24	Ride Seattle-Vancouver & Party (RSVP)	U. Washington - Bellingham	Alan	KD7KUS	425-681-6754	jones83alan@gmail.com
Sep 6-7	Bike MS - Deception Pass Classic	Mount Vernon	Dan	KC7UVK	360-631-2613	danggood55@gmail.com
Sept 13-14	Plain 100 Trail Run	Plain, WA	Scott	N7SS	425-330-5439	n7ss@arri.net
Sept 20-21	Teaway Country 100 Trail Race	Salmon La Sac	Bob	A17CS	303-264-9566	ai7cs@protonmail.com
Sep 27-28	ALA Reach The Beach Bike Ride	Olympia - Westport	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
Oct 4	Tour de Forest Rally	Montesano	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
Nov 14-16	Special Olympics WA Fall Games	Tri-Cities	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Nov 21-22	Scout Night Hike	Camp Thunderbird, Olympia	Bruce	WA7BAM	360-259-9300	mont7881@yahoo.com
Nov 30	Seattle Marathon	Seattle Center	Franz	N3HFS	717-379-0892	n3hfs@yahoo.com
Dec 7	Seafair Holiday Cruise	Seattle	Frank	K7FNS	253-666-8340	arc-admin@emgwa.org
Feb 22	(2026) Chilly Hilly Bike Ride	Bainbridge Island	Dana	KC7SDD	206-842-9076	Dana@thesalesgroup.com

All information is believed to be correct as of press time. For up-to-date information see the Mike & Key Website. [www.mikeandkey.org/publicservice.php](http://www.mikeandkey.org/publicservice.php)

# 2025 NW HAMFESTS

Date	Event and Location
Feb 15	Salem Hamfair - Polk County Fairgrounds, Rickreall, OR
Mar 8	Mike & Key ARC Electronics Show & Swap Meet - Puyallup, WA
Apr 11-13	International DX Convention - Visalia Convention Center, Visalia, CA
Apr 12	N7YRC Tailgate Swapmeet - Yakima Valley Emerg Mgmt., Union Gap, WA
Apr 19	Kamiah Hamfest - American Legion Hall, 618 Main St, Kamiah, ID
Apr 26	Spokane Hamfest - Horizon Middle School, Spokane Valley, WA
Apr 27	Comox Ham Swap & Flea Mkt - Merville Hall, 1245 Fenwick Rd, Merville, BC
May 4	Maple Ridge ARC Swap Meet - [check website]
May 10	Stanwood-Camano ARC Hamfest - Stanwood Middle School, Stanwood, WA
May30 - Jun 1	SEA-PAC Hamfest & ARRL NW Divison Convention - Seaside, OR
June	Port Ludlow ARC Annual Tailgater Swap Meet - Port Ludlow, WA
Jun 6-8	Wenatchee Hamfest - Apple City ARC - Dryden, WA
Jun 12-13	Salmoncon (PNW QRP Group outing) - Valley Camp, North Bend, WA
Jul 18-20	Glacier Waterton Intl Peace Park Hamfest - Glacier Meadow RV Park, MT
Jul 26	Chehalis Valley ARS Tailgate Swap Meet - SW WA Fairgrounds, Chehalis
Aug 15-17	Pacific Northwest DX Convention - Monarch Hotel, Clackamas, OR
Aug 17	Antique Radio & Vintage Electronics Swap Meet - Shoreline, WA
September	High Desert Ham Fest - Redmond, OR
October	Jamboree On The Air (JOTA)
October	Kitsap County Hamfest - Bremerton, WA
October	Pacific NW VHF Conference & Microwave Update - Vancouver, WA
October	ComFest Swap Meet - Tsawwassen, BC
Oct 17-19 ?	PACIFICON: ARRL Pacific Division Ham Radio Convention - San Ramon, CA
Oct 18	Swaptoberfest (Mid Valley ARES) - Polk County Fairgrounds, Rickreall, OR
Feb 21, 2026 ?	2026 Salem Hamfair - Polk County Fairgrounds, Rickreall, OR
Mar 7, 2026	2026 Mike & Key ARC Electronics Show & Swap Meet - Puyallup, WA

# & CONFERENCES

## Website or Contact

[www.w7sra.com](http://www.w7sra.com)

[www.mikeandkey.org/flea.php](http://www.mikeandkey.org/flea.php)

[www.dxconvention.org](http://www.dxconvention.org)

[kc7vqr@arrl.net](mailto:kc7vqr@arrl.net)

[www.3riversarc.club](http://www.3riversarc.club)

<http://spokanehamfest.org/>

[www.comoxvalleyamateurradio.ca/swap-meet](http://www.comoxvalleyamateurradio.ca/swap-meet)

[mrarc.net/swap-meet](http://mrarc.net/swap-meet)

[www.scarcwa.org/ham\\_fest.shtm](http://www.scarcwa.org/ham_fest.shtm)

[www.seapac.org/](http://www.seapac.org/)

[www.n7pl.org/activities.html](http://www.n7pl.org/activities.html)

[www.applecityarc.com](http://www.applecityarc.com)

[sites.google.com/site/pnwqrpgroup/salmoncon](http://sites.google.com/site/pnwqrpgroup/salmoncon)

[www.gwhamfest.org](http://www.gwhamfest.org)

[www.cvars.org](http://www.cvars.org)

[pacificnwdxconvention.com](http://pacificnwdxconvention.com)

[www.pugetsoundantiqueradio.com](http://www.pugetsoundantiqueradio.com)

[www.hidarg.org](http://www.hidarg.org) (contact: [kf7max@arrl.net](mailto:kf7max@arrl.net))

[www.arrl.org/jamboree-on-the-air-jota](http://www.arrl.org/jamboree-on-the-air-jota)

<https://kcarc.org/hamfest/>

[www.pnvwvhs.org](http://www.pnvwvhs.org)

<https://deltaamateurradio.com>

[www.pacificon.org](http://www.pacificon.org)

<https://swaptoberfest.com/>

[www.w7sra.com](http://www.w7sra.com)

[www.mikeandkey.org/flea.php](http://www.mikeandkey.org/flea.php)

# EMERGENCY

Area	Organization Name
CLALLAM COUNTY	Clallam County ARES/RACES (CCARES)
GRAYS HARBOR COUNTY	Grays Harbor Auxiliary Emergency Communications
ISLAND COUNTY	Island County Auxiliary Communications Service / ARES
Camano Island	Camano Preparedness Group
JEFFERSON COUNTY	Jefferson County VECOM / ARES / RACES
KING COUNTY	King County ARES/RACES
Auburn	Auburn Area Emergency Communications Team (AAECT)
Bellevue	Bellevue Communications Support
Bothell	Bothell Emergency Radio Communications
Eastside (various cities)	Eastside Fire & Rescue Amateur Radio Club
Federal Way	Federal Way ARC Emergency Communications Response Team (ECRT)
Issaquah	Issaquah Citizen Corps
Kenmore & Lake Forest Park	Northshore Emergency Management Coalition (NEMCo) RACES
Kent	Communications Support Team for Puget Sound Fire
Kirkland	Kirkland Emergency Communications Team (KECT)
Maple Valley	Maple Valley ARES
Mercer Island	Mercer Island Radio Operators
North Bend	North Bend ARES Team
Redmond	Redmond ARES
Renton	Renton Emergency Communications Service
SeaTac	SeaTac Amateur Radio (STAR)
Seattle	Seattle Auxiliary Communications Service
Shoreline	Shoreline Auxiliary Communications Service
Tukwila	Tukwila Emergency Communication Team (TECTeam)
Vashon Island	Vashon-Maury Island Radio Club (VMIRC) - ARES
KITSAP COUNTY	Kitsap Auxiliary Radio Service (KARS)
MASON COUNTY	Mason County ARES
North Mason Amateur Radio Emergency Service Club	
PIERCE COUNTY	Pierce County ARES/RACES
SKAGIT COUNTY	Skagit County ARES/RACES
Skagit Amateur Radio Emergency Communications Club	
SNOHOMISH COUNTY	Snohomish County ACS/ARES
Everett	Everett OEM Auxiliary Communications Service
THURSTON COUNTY	Thurston County ARES
WHATCOM COUNTY	Whatcom County ARES
Whatcom Emergency Communications Group	
Blaine	Blaine Auxiliary Communications Service
Chuckanut	Chuckanut Auxiliary Communications Service
Ferdale	Ferdale Auxiliary Communications Service
WWA SECTION	ARRL WWA Section
Communications Academy (archives)	
Western WA Medical Services Communications Team	
WASHINGTON STATEWIDE	Washington State Amateur Emergency Communications
State of Washington Emergency Management Division	
American Red Cross	
NATIONAL	Amateur Radio Emergency Service (ARES)
Radio Amateur Civil Emergency Service (RACES)	
ARRL Public Service	

# PREPAREDNESS

## Website / Email

clallamares.org (email: monkeygr3@yahoo.com)

[www.graysharbor.us/departments/emergency\\_management/volunteers1.php](http://www.graysharbor.us/departments/emergency_management/volunteers1.php)

[www.w7avm.org/Public-Service](http://www.w7avm.org/Public-Service)

[www.camanopreparednessgroup.org](http://www.camanopreparednessgroup.org)

<https://jeffersoncountyaes.wordpress.com/> (email: ah6ez01@gmail.com)

[www.aresofkingcounty.org](http://www.aresofkingcounty.org)

[www.auburnwa.gov/city\\_hall/emergency\\_preparedness/volunteer](http://www.auburnwa.gov/city_hall/emergency_preparedness/volunteer)

<https://bellevuewa.gov/city-government/departments/fire> ¶

↳ /emergency-management/classes-and-volunteering

[www.bothellwa.gov/1715/Ham-Radio-Team](http://www.bothellwa.gov/1715/Ham-Radio-Team)

<https://eastsidefirecorps.org/ham-radio/>

[www.fwarc.org/ECRT](http://www.fwarc.org/ECRT)

[issaquahcitizencorps.org](http://issaquahcitizencorps.org)

[www.northshoreemc.com/nemco-races](http://www.northshoreemc.com/nemco-races)

[pugetsoundfire.org/emergency-management/communications-support-team-ham-radio](http://pugetsoundfire.org/emergency-management/communications-support-team-ham-radio)

[www.kirklandwa.gov/Government/Departments/Fire-Department](http://www.kirklandwa.gov/Government/Departments/Fire-Department) ¶

↳ /Office-of-Emergency-Management/Get-Involved/KECT

[www.kc7key.org/ares](http://www.kc7key.org/ares)

[miro.cmivolunteers.org](http://miro.cmivolunteers.org)

[www.facebook.com/profile.php?id=100066502736836](https://www.facebook.com/profile.php?id=100066502736836)

[redmond-ares.org](http://redmond-ares.org)

[www.rentonecs.net](http://www.rentonecs.net) (email: membership@rentonecs.net)

[www.facebook.com/profile.php?id=100069751105606](https://www.facebook.com/profile.php?id=100069751105606)

[seattleacs.org](http://seattleacs.org) (email: join@seattleacs.org)

[www.facebook.com/shorelineacs](https://www.facebook.com/shorelineacs) (email: Shorelineacs@gmail.com)

[www.TukwilaRadioClub.org](http://www.TukwilaRadioClub.org)

<https://www.w7vmi.org/emergency-preparedness>

[www.kitsapdem.com/programs/kars/](http://www.kitsapdem.com/programs/kars/)

[mc-arc.org/service/ares/](http://mc-arc.org/service/ares/)

[nmaresc.wordpress.com/ares/](http://nmaresc.wordpress.com/ares/)

[piercecounyaes.net](http://piercecounyaes.net) (email: DEC@piercecounyaes.net)

<https://rasconline.net/ares/>

<https://sarecc.org/>

[www.wa7dem.info](http://www.wa7dem.info)

[www.everettwa.gov/Calendar.aspx?EID=2481](http://www.everettwa.gov/Calendar.aspx?EID=2481)

[www.wa7oly.org](http://www.wa7oly.org)

[www.facebook.com/whatcomares](https://www.facebook.com/whatcomares)

<https://wecg.org/wordpress/>

[www.ci.blaine.wa.us/230/Auxiliary-Communications-Service](http://www.ci.blaine.wa.us/230/Auxiliary-Communications-Service)

[roadrunner110.wixsite.com/chuckanutacs](http://roadrunner110.wixsite.com/chuckanutacs)

[www.facebook.com/ferndaleacs](https://www.facebook.com/ferndaleacs) (email: FerndaleACS@cityofferndale.org)

[www.wa.arrlnwdiv.org](http://www.wa.arrlnwdiv.org) (also: [www.arrl.org/Groups/view/western-washington](http://www.arrl.org/Groups/view/western-washington))

[commacademy.org](http://commacademy.org)

[www.wv7mst.org](http://www.wv7mst.org)

[www.wastateares.org](http://www.wastateares.org)

[mil.wa.gov/emergency-management-division](http://mil.wa.gov/emergency-management-division)

[www.redcross.org/local/washington](http://www.redcross.org/local/washington)

[www.arrl.org/ares](http://www.arrl.org/ares)

[www.qsl.net/races](http://www.qsl.net/races)

[www.arrl.org/public-service](http://www.arrl.org/public-service)

# CLUB

Club Name	Meeting Location
BEARONS (Boeing Empl. North Society)	Boeing Rec Center, 6400 36th Ave W, Everett
Boeing Employees ARS (BEARS)	Museum of Flight, 9404 E Marginal Way S, Seattle
Cascade Radio Club	PUD Auditorium, 2320 California Ave, Everett
Chehalis Valley ARS	1209 Scheuber Road North, Centralia
Clallam County ARC	First United Methodist, 7th and Laurel St., Port Angeles
Edmonds Woodway ARC	Senior Center, 23000 Lakeview Drive, Mountlake Terrace
Federal Way ARC	FW PS Support Svcs Ctr, 1211 S 332nd St, Federal Way
Grays Harbor Amateur Radio Group	[virtual only - see website]
Greater Kingston Radio Club	Tech Room, Village Green Community Center, Kingston
Highline ARC	Burien Fire Station 28, 900 SW 146th St, Burien
Island County ARC	Island Co. Commissioner's Hearing Room, Coupeville
Issaquah ARC	Masonic Myrtle Lodge, 57 W Sunset Way, Issaquah
Jefferson County ARC	RV Park Clubhouse, 2481 Anderson Lake Rd, Chimacum
Kitsap County ARC	Abundant Life Church, 5610 Kitsap Way, Bremerton
Lake Washington Ham Club	[virtual only - see website]
Maple Valley ARC	Fire Station 81, 22225 SE 231st St, Maple Valley
Mason County ARC	Mason County DEM, 100 W Public Works Dr, Shelton
MicroHams	Redmond (see website)
Mike & Key ARC	Kent Senior Center, 600 E Smith St, Kent
Mount Baker ARC	Church Road Fire Station (#46), 6081 Church Rd, Ferndale
North Mason ARES Club	N Mason Tmbrlnd Library, 23081 NE State Rte 3, Belfair
Olympia ARS (OARS)	Tugboat Annie's, 2100 West Bay Drive NW, Olympia
Pacific County ARC	Hunter's Inn Restaurant, 1060 SR-4, Naselle
Pacific NW QRP Group	Bob's Burgers & Brew, 1611 SE Everett Mall Way, Everett
Pacific NW VHF Society	Poodle Dog Restaurant, 1522 54th Ave E, Fife, WA
Puget Sound Antique Radio Assoc.	Cedar Valley Grange, 20526 52nd Ave W, Lynnwood
Puget Sound Repeater Group	
Radio Amateurs of Skagit County	Skagit PUD, 1415 Freeway Drive, Mount Vernon
Radio Club of Redmond	Lk Wash Schl District Res Ctr, 16250 NE 74th St, Redmond
Radio Club of Tacoma	Eagles South Tacoma #2933, 7037 S. Pine St, Tacoma
San Juan County ARS	[virtual only - see website]
Skagit Am. Radio Emerg. Comm. Club	Salvation Army, 3001 R Ave, Suite 100, Anacortes
Sky Valley Amateur Radio Club	Monroe YMCA, 14033 Fryelands Blvd, Monroe
SnoCoHams	Buzz Inn Steakhouse, 5200 172nd St NE, Arlington
Snohomish County Hams Club	First Presbyterian Church, 1306 Lake View Ave, Snohomish
Snoqualmie Valley ARC	Duvall Fire Station #66, 15600 First Ave NE, Duvall
Stanwood-Camano ARC	Stanwood / Camano Is. [alternates by month - see website]
Vashon-Maury Island Radio Club	[check calendar at website]
W. Wash. Amateur TV Society	
West Seattle ARC	Salvation Army White Center, 9050 16th Ave SW, Seattle
West Sound ARC	That One Place, 1397 Olney Ave SE, Port Orchard
Western Washington DX Club	[virtual only - see website]
Yelm Amateur Radio Group	Emanuel Lutheran Church, 206 3rd St SE, Yelm



# CONTACTS

When	Web Page
3rd Saturday 10am	<a href="https://w7flybearons.org">https://w7flybearons.org</a>
1st Saturday 8:30am (except Jul-Aug)	<a href="https://sites.google.com/site/k7nwsbears">https://sites.google.com/site/k7nwsbears</a>
3rd Wednesday 7pm (except Dec)	<a href="http://www.cascaderadioclub.org">www.cascaderadioclub.org</a>
1st Wednesday 7pm	<a href="http://www.cvars.org">www.cvars.org</a>
2nd Wednesday 7pm	<a href="http://www.olyham.net">www.olyham.net</a>
2nd Thursday 7pm	<a href="http://edwaynet.com">edwaynet.com</a>
2nd Thursday 7pm	<a href="http://www.fwarc.org">www.fwarc.org</a>
1st Thursday 7pm	<a href="http://www.gharc.net/">www.gharc.net/</a>
1st Thursday 7pm	<a href="https://groups.io/g/gkrc">https://groups.io/g/gkrc</a>
4th Saturday 10am (except June)	<a href="http://www.highlinearc.org">www.highlinearc.org</a>
4th Saturday 9:30am (except Jun, Nov, Dec)	<a href="http://www.w7avm.org">www.w7avm.org</a>
1st Wednesday 7pm	<a href="http://www.w7bi.com">www.w7bi.com</a>
1st Wednesday 7pm	<a href="https://jcarcwa.org/">https://jcarcwa.org/</a>
3rd Saturday 10am	<a href="http://www.kcarc.org">www.kcarc.org</a>
2nd Saturday 9am	<a href="http://www.lakewashingtonhamclub.org">www.lakewashingtonhamclub.org</a>
4th Saturday 10am (exc. Jul-Aug, Nov-Dec)	<a href="http://www.kc7key.org">www.kc7key.org</a>
3rd Saturday 9am	<a href="http://www.mc-arc.org">www.mc-arc.org</a>
	<a href="http://www.microhams.com">www.microhams.com</a>
3rd Saturday 10am	<a href="http://www.mikeandkey.org">www.mikeandkey.org</a>
2nd Tuesday 7pm	<a href="https://mbarc.groups.io/g/main/">https://mbarc.groups.io/g/main/</a>
4th Thursday 7pm (may vary)	<a href="http://nmaresc.wordpress.com">nmaresc.wordpress.com</a>
3rd Wednesday 7pm	<a href="http://www.olyham.org">www.olyham.org</a>
2nd Saturday 9am	<a href="http://www.qsl.net/w7rdr">www.qsl.net/w7rdr</a>
Last Wednesday, 6:30pm	<a href="https://sites.google.com/site/pnwqrpgroup/">https://sites.google.com/site/pnwqrpgroup/</a>
[see website]	<a href="http://www.pnwvhfs.org">www.pnwvhfs.org</a>
3rd Sunday 10am (2nd Sun Jun & Dec)	<a href="http://www.pugetsoundantiqueradio.com">www.pugetsoundantiqueradio.com</a>
	<a href="http://www.psrq.org">www.psrq.org</a>
2nd Friday 7pm	<a href="https://rasconline.net/">https://rasconline.net/</a>
3rd Saturday 8am (exc. 2nd Sat Sep)	<a href="http://radioredmond.com">http://radioredmond.com</a>
2nd Saturday 1pm	<a href="http://www.w7dk.org">www.w7dk.org</a>
2nd Friday, 11:30am	<a href="https://sjcars.wordpress.com/">https://sjcars.wordpress.com/</a>
1st Monday, 6pm	<a href="https://sarecc.org/">https://sarecc.org/</a>
3rd Saturday 9am	<a href="http://www.w7sky.org">www.w7sky.org</a>
2nd Saturday 9am	<a href="http://www.snocohams.net">www.snocohams.net</a>
4th Saturday 9am (exc. Jun & Dec)	<a href="http://www.wa7law.com">www.wa7law.com</a>
1st Thursday 6:30pm (exc. Dec and July 4th)	<a href="http://www.snovar.org">www.snovar.org</a>
3rd Thursday 7pm	<a href="http://www.scarcwa.org">www.scarcwa.org</a>
	<a href="http://www.w7vmi.org">www.w7vmi.org</a>
	<a href="http://www.qsl.net/ww7ats">www.qsl.net/ww7ats</a>
3rd Saturday 9:30am	<a href="http://w7aw.org">w7aw.org</a>
4th Saturday 9am	<a href="http://www.facebook.com/groups/WSARC/">www.facebook.com/groups/WSARC/</a>
2nd Tuesday 6:30pm	<a href="http://www.wwdx.org">www.wwdx.org</a>
1st & 3rd Saturdays 9:30am	<a href="http://yelmamateurradiogroup.org">yelmamateurradiogroup.org</a>

# PUGET SOUND ANTIQUE RADIO ASSOCIATION



- \* Weekly Technical Discussions on Zoom
- \* Monthly Repair Clinics
- \* Repair Workbench
- \* Test Equipment Training
- \* Boat Anchor Meetings
- \* August 17th, 2025 **SWAP MEET**
- \* Get your Dad's radio working again

[PSARAradio.com](http://PSARAradio.com)

# Preparing For Public Service Communications

1. Dress in layers of clothing, in case the weather changes.
2. Bring your medication, sunscreen, sunglasses, water bottle, etc.
3. Bring extra batteries for your radio.
4. Report your arrival in advance on the talk-in frequency, so you can be directed to convenient parking.
5. Bring a pen and small note pad to jot down information.
6. Speaker mikes and headsets are very helpful. Don't use vox, as it can pick up crowd noise and tie up the frequency.
7. If you have an extra radio, bring it along in case another volunteer has none.
8. You're part of a team, Net Control will answer your questions.
9. Have fun and feel good about helping your community.

## The Amateur's Code

The Radio Amateur is:

**CONSIDERATE**...never knowingly operates in such a way as to lessen the pleasure of others.

**LOYAL**...offers loyalty, encouragement and support to other amateurs, local clubs, and the American Radio Relay League, through which Amateur Radio in the United States is represented nationally and internationally.

**PROGRESSIVE**...with knowledge abreast of science, a well-built and efficient station and operation above reproach.

**FRIENDLY**...slow and patient operating when requested; friendly advice and counsel to the beginner; kindly assistance, cooperation and consideration for the interests of others. These are the hallmarks of the amateur spirit.

**BALANCED**...radio is an avocation, never interfering with duties owed to family, job, school or community.

**PATRIOTIC**...station and skill always ready for service to country and community.

The original Amateur's Code was written by Paul M. Segal, W9EEA, in 1928.

# The Mike & Key Amateur Radio Club

Invites you to our regularly scheduled club meeting on the third Saturday of each month at 10 am.

## See website for current location

The Mike & Key Amateur Radio Club, a 501(c)(3) organization, is a full-service amateur radio club, not a repeater club. We appreciate our members' full participation in our committees, events, and club meetings.

To show your support for this publication and our repeater, visit our Electronic Swap Meet. It's every March at the Puyallup Fairgrounds

### Mike & Key Club Contacts

e-mail: [info@mikeandkey.org](mailto:info@mikeandkey.org)

Web: [www.mikeandkey.org](http://www.mikeandkey.org)

Mail: P.O. Box 4234

Renton, WA 98057-4234



This booklet is produced for the Amateur Radio community by the  
**Mike & Key Amateur Radio Club**  
Public Service Committee

146.82 MHz & 224.12 MHz

**An A.R.R.L. Affiliated Club**

Get a PDF of the booklet on your computer or mobile device.  
Download from the Public Service page on website above.